







Developmental Checklist 18 months – 2.06 Years

	 18 Months	 2 Years	 2.06 Years
Posture and Large Movements 	<ul style="list-style-type: none"> <input type="checkbox"/> Walks well without arms balancing <input type="checkbox"/> Runs carefully with head in midline but with difficulty negotiating obstacles <input type="checkbox"/> Carries doll whilst walking <input type="checkbox"/> Backs into chairs and slides sideways to seat self <input type="checkbox"/> Walks upstairs with helping hand, maybe downstairs or may creep backwards or bump a few stairs on bottom facing forward <input type="checkbox"/> Kneels without support <input type="checkbox"/> Squats to pick up toy from floor 	<ul style="list-style-type: none"> <input type="checkbox"/> Runs safely on whole foot – avoiding obstacles <input type="checkbox"/> Squats for toys and rises without hands <input type="checkbox"/> Climbs on furniture and can get down <input type="checkbox"/> Walks up and down stairs holding rail 2 feet to a step <input type="checkbox"/> Throws small ball overhand without falling <input type="checkbox"/> Walks into large ball to kick <input type="checkbox"/> Sits on small tricycle but cannot yet pedal – propels with feet 	<ul style="list-style-type: none"> <input type="checkbox"/> All locomotor skills developing rapidly <input type="checkbox"/> Confident walking up/down stairs holding rail, 2 feet to a step <input type="checkbox"/> Jumps 2 feet together from low step <input type="checkbox"/> Stands on tiptoe if shown <input type="checkbox"/> Throws ball stiffly at body level <input type="checkbox"/> Kicks large ball gently and lopsidedly
Vision and Fine Movements 	<ul style="list-style-type: none"> <input type="checkbox"/> Pincer grasp <input type="checkbox"/> Pencil held in mid-upper shaft with whole hand or crude thumb-finger approximation <input type="checkbox"/> To and fro scribbles and dots spontaneous with either or both hands <input type="checkbox"/> Can build 3 block tower if shown <input type="checkbox"/> Enjoys picture books, points at items on page 	<ul style="list-style-type: none"> <input type="checkbox"/> Picks up small objects accurately and quickly <input type="checkbox"/> Builds 6-7 block tower <input type="checkbox"/> Holds pencil well down shaft with thumbs and first 2 fingers <input type="checkbox"/> Mostly uses preferred hand <input type="checkbox"/> Circular and to-and-fro scribbles + dots <input type="checkbox"/> Imitates vertical line and sometimes 'v' 	<ul style="list-style-type: none"> <input type="checkbox"/> Builds tower of 7+ blocks using preferred hand <input type="checkbox"/> Improved tripod grasp <input type="checkbox"/> Draws horizontal line and circle, usually also letters 'T' and 'V' <input type="checkbox"/> Recognises self in photo once shown



	<input type="checkbox"/> Turns several pages at once <input type="checkbox"/> Shows a preference for 1 hand	<input type="checkbox"/> Recognising details in favourite pictures <input type="checkbox"/> Turns pages singly <input type="checkbox"/> Recognises familiar adults in photo's – but not self yet	
Hearing and Speech 	<input type="checkbox"/> Makes speech like vocalisations whilst playing <input type="checkbox"/> Listens and responds to communication addressed to self <input type="checkbox"/> 6-20 recognisable words used <input type="checkbox"/> Understands many more <input type="checkbox"/> Echoes last or prominent word in short sentences addressed to self <input type="checkbox"/> Demands by pointing with loud vocalisation or single word <input type="checkbox"/> Enjoys rhymes and tries to join in <input type="checkbox"/> Hands adult familiar object when requested <input type="checkbox"/> Follows simple instructions e.g. 'get your shoe' <input type="checkbox"/> Points to own or dolls hair, shoes, nose and feet	<input type="checkbox"/> Uses 50+ recognisable words <input type="checkbox"/> Understands many more <input type="checkbox"/> Puts 2 words together in sentences <input type="checkbox"/> More interest in general conversation <input type="checkbox"/> Refers to self by name <input type="checkbox"/> Talks in long monologues during play –others may not understand this <input type="checkbox"/> Echolalia common with 1 or more stressed words repeated <input type="checkbox"/> Constantly asking names of objects and people <input type="checkbox"/> Joins in nursery rhymes and songs <input type="checkbox"/> Body parts: Indicates hair, hand, feet, nose, eyes, mouth and shoes on request <input type="checkbox"/> Names familiar objects and pictures <input type="checkbox"/> Follows simple instructions "Go see what daddy's got" <input type="checkbox"/> Beginning short sequences and definition-by-use of doll-sized toys	<input type="checkbox"/> Uses 200+ recognisable words but with speech immaturities in articulation + grammar <input type="checkbox"/> Talks intelligibly to self at play about 'here and now' events <input type="checkbox"/> Echolalia still persists <input type="checkbox"/> Asks questions beginning 'what, who' <input type="checkbox"/> Uses pronouns 'I; me and you' <input type="checkbox"/> Non-fluency common when excited <input type="checkbox"/> Starts combining 3 words e.g. "me want teddy" <input type="checkbox"/> Says a few nursery rhymes <input type="checkbox"/> Enjoys familiar stories from picture books <input type="checkbox"/> Plays meaningfully with miniature toys adding running commentary
Social Interaction and Play	<input type="checkbox"/> Holds spoon and gets food safely into mouth, plays with food <input type="checkbox"/> Holds cup with both hands, drinks with minimal spilling <input type="checkbox"/> Lifts cup alone, but usually hands back to adult when finished <input type="checkbox"/> Assists with dressing by taking off items but unlikely to be able to	<input type="checkbox"/> Feeds self competently with spoon <input type="checkbox"/> Lifts and drinks from cup without spilling <input type="checkbox"/> Replaces cup on table without difficulty <input type="checkbox"/> Puts on hat and shoes <input type="checkbox"/> Usually tries to verbalise toilet needs <input type="checkbox"/> Very curious about environment	<input type="checkbox"/> Skilful spoon eating. May try fork <input type="checkbox"/> Pulls down pants for toilet but can't replace <input type="checkbox"/> Dryness at night can be variable <input type="checkbox"/> Active, resists restraint <input type="checkbox"/> Little understanding of danger or need to defer wishes <input type="checkbox"/> Tantrums – can be distracted less





<p>replace item</p> <ul style="list-style-type: none"><input type="checkbox"/> Beginning to be aware of toilet needs by restlessness and vocalisations<input type="checkbox"/> May have bowel control, or indicate wet pants<input type="checkbox"/> No sense of danger<input type="checkbox"/> No longer mouthing toys<input type="checkbox"/> Remembers where toys etc. belong<input type="checkbox"/> Imitates simple daily activities e.g. feeding doll, washing floor<input type="checkbox"/> Plays alone but likes to be near adult<input type="checkbox"/> Learning about relative size of objects	<ul style="list-style-type: none"><input type="checkbox"/> Little awareness of common dangers<input type="checkbox"/> Follows adult around house + imitates domestic activities in simultaneous play<input type="checkbox"/> Simple role play or situational make-believe activities<input type="checkbox"/> Demanding of carers attention.<input type="checkbox"/> Clings in affection, fatigue or fear<input type="checkbox"/> Tantrums when frustrated<input type="checkbox"/> Defends possessions<input type="checkbox"/> May take turns e.g. peek-a-boo but little notion of sharing toys or attention<input type="checkbox"/> Parallel play<input type="checkbox"/> Plays near other children, not with<input type="checkbox"/> Resentful of carers attention given to other children<input type="checkbox"/> Unwilling to defer immediate satisfaction	<p>easily now</p> <ul style="list-style-type: none"><input type="checkbox"/> Role play more sustained e.g. washing dolly, driving cars<input type="checkbox"/> Frequent reference to carer/adult during play<input type="checkbox"/> Watches other children with interest, may join in for few minutes<input type="checkbox"/> Little understanding of sharing toys or attention
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